



GRACE CLINIC EMERGENCY FOOD CUPBOARD SHOPPING LIST

1lb bags of dried beans (any kind)

1lb bags of rice (any kind)

Canned beans

Canned vegetables (low sodium preferred)

Canned tuna or chicken in water

Soups (canned or dried)

Whole grain breakfast cereals (regular size, not bulk)

Oatmeal (both plain and flavored, regular or instant)

Peanut butter (all varieties, including low fat and low sugar)

Jams and jellies (low sugar preferred)

Nuts (unsalted almonds, walnuts, peanuts)

Powdered milk

Liquid meal replacements (Slimfast, Ensure, etc.)

Boxed dinners (Not frozen. Low fat preferred)

Crackers (low sodium or low fat)

Travel-size or new hotel-size shampoos, conditioners, lotions

Travel-size tissues and toothpaste

Disposable razors

Combs

Donations will be accepted through the Garden beginning Saturday, April 25 through Mother's Day, Sunday, May 10. Bring items to the designated containers between the restrooms. Whether it's one item or the whole list, every donation will bless a life with the love of Christ!

THANK YOU FOR YOUR GENEROSITY!